Dear Parents

I really hope everyone has been enjoying the marvellous weather that we have had this week. Today I was very excited to see the children who have been involved in our Kindergarten Orientation program come to the school for fourth and final time prior to next year. In what has been a highly beneficial process to establish a rapport with the staff and familiarisation of the school surrounds, the children beamed with confidence and happiness during their lessons and even the mum’s had stopped crying to a degree. Well done to the mums.

Last week our school was incredibly lucky to have the privilege of hosting the ACT Instrumental Concert Band. This highlighted the wonderful opportunity the school provides with our band and music program. Again next year the Band Program will be offered at Cowra Public School and I suggest that parents start talking to their child now as numbers fill very fast.

This week I would like to pose a question to all parents, being, ‘When was the last time you read to your child?’ I ask this as often in our busy lives we can overlook the importance of something as simple as reading to our kids and these activities that may take only 5 minutes prior to your child going to bed or in the afternoon will benefit your child in their own reading and connection with a parent. I hope that you may reflect on this question and take the opportunity to enjoy a story with your child.

This weekend we are proud to have two of our students represent Western NSW in the NAIDOC Public Speaking State Final being held at Government House in Sydney. Mac Webster and Tyahla Munro will be presenting their speeches under the guidance of Ms Parker and we wish them the very best of luck.

In only a short number of weeks the school will be starting the Annual Swim School program and we encourage all students in Year 2 and those in Years 3-6 who are not confident in the water to attend these lessons. Mr Murray will be coordinating the program and for a community where water sports over the summer are a common occurrence, all students should learn to swim. Look for the note coming out and please return it together with the $20.00 pool entry asap.

If you have been to the school during the week you would be aware that the road closure in Vaux Street has changed the movement of traffic in relation to the school. This planned work is scheduled over the next week so please make arrangements to avoid this areas to avoid delays at collection time in the afternoons.

Enjoy the week.

Brad Tom

FOR YOUR DIARY

November

3 NAIDOC Public Speaking
4 Yr 6 Transition
4 CHS Parent Information Night
11 Beach to Bush Lifesaving
14 SRC Mufti Appeal Day
17-28 Salvation Army Hamper
23 Advanced Life Photos close
24 Swim School begins
27 Combined Assembly

December

2 Infants Ballet
3 Combined scripture
5 Magazine orders close
8 Primary Minor Assembly 9.30am
9 Infants Major Assembly 9.30am
9 Primary Major Assembly 11.30am
10-12 St 3 Excursion to Canberra
17 Yr 6 Graduation

CONTACTING THE SCHOOL
Administration Office Hours: 8.30am - 3.30pm
School commences at 9.10am
School finishes at 3.15pm
Students are not supervised before 8.45am

Advanced Life Photography Fundraiser

The P & C is holding a family portrait photography fundraiser in November.

Date: Sunday, 23 November 2014.

You will need to book a time and pay a $15.00 booking fee to the school before Sunday, 23 November to secure a spot.

You receive 3 items for the $15.00.
* A3 pencil sketch or 10 x 13” family portrait
* Key ring
* Walled sized portrait

Mail: PO Box 285, Cowra
Phone: 6342 2400
Fax: 6341 1357
School Counsellor 6341 3078
Email: cowra.p.school@det.nsw.edu.au
Web: http://www.cowra.p.schoools.nsw.edu.au

DEPT.HEALTH DENTAL CLINIC: 1300 552 208
INFANTS ASSEMBLIES
Infants assemblies will now be held every second Thursday, i.e. even weeks. The assemblies will be held in the Infants Open Space and commence at 2:00pm and finish at 2:30pm when the children will return to their classrooms.

At these assemblies students will be receiving Merit Certificates and PBL awards.

Every alternate Thursday (not assembly week) from 12:30pm until 1:00pm the Infants will be holding combined singing in the Infants Open Space. All parents are invited to come along and listen to the children singing.

PRIMARY ASSEMBLIES
The Primary will also be holding their assemblies every second Thursday, i.e. even weeks at 2:30pm in the school auditorium.

The assemblies will include the Year 6 Public Speaking and Merit Certificates will also be presented on the day.

COMBINED ASSEMBLY
The school will be holding combined assemblies twice a term. At these assemblies the Infants and Primary Aussies of the Month will be announced and the children will be presented with their awards.

Next Combined Assembly (K–6) will be held next Thursday, 27 November at 2:00pm in the school auditorium.

Everyone is welcome to attend.

PRESENTATION ASSEMBLIES
~ INFANTS ~
Final Assembly
Thursday, 27 November at 2:00pm

Presentation Assembly
Tuesday, 9 December at 9.30am

Major awards will be presented at this assembly. All parents and friends are invited to attend.

~ PRIMARY ~

Final Assembly
Monday, 8 December at 9.30am

Special merit certificates, service and citizenship awards and sporting awards will be presented at this assembly.

Presentation Assembly
Tuesday, 9 December at 11.30am

Major awards will be presented at this assembly. All parents and friends are invited to attend.

Year 6 students will receive their GRADUATION CERTIFICATES at an assembly on Wednesday, 17 December at 2.45pm

THE BRAVE PROGRAM
The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. The programs are free, and provide ways for children and teenagers to better cope with their worries. There are also programs for parents.

There are 2 programs, one for children (aged 8–12 years) and one for parents. Any child who worries about things will find the program useful. Any parent wanting to learn more about how to help their child overcome worries can also do the program. You can do the program on your own, or together. Check out the FAQs for more information.

The BRAVE-ONLINE program was developed by a team of researchers who have over 15 years’ experience working in the field of child anxiety. Members include Dr Caroline Donovan and Professor Susan Spence, from the School of Psychology and Behavioural Basis of Health at Griffith University, in collaboration with Dr Sonja March at The University of Southern Queensland, Professor Justin Kenardy at The University of Queensland and Dr Jane Coleman. The Brave program is sponsored by Beyond Blue, is supported by Uniquet and is affiliated with the University of Queensland, Griffith University and the University of Southern Queensland.

For further information and registration: https://brave4you.psy.uq.edu.au/child

STAGE 3 CANBERRA EXCURSION
As the time draws closer the students are getting excited about this excursion.

The excursion will occur: Wednesday, 10th December to Friday, 12th December 2014 (Week 10).

Accommodation: will be at Camp Cottermouth.

The cost will be $247 per student, this was subsidised by the Stage 3 Pie Drive.

This includes ALL costs, except for lunch on the first day. The itinerary for the excursion will be sent home in the next few weeks.

The excursion needs to be paid in full by 20th November.

School Magazine
Order your copy of the magazine at the school office up until Friday, 5 December, 2014.

Cost: $10.00
The magazine will contain an outline of the year’s events as well as students’ academic and sporting achievements.
**COWRA PUBLIC SCHOOL SPECIAL LEARN TO SWIM LESSONS FOR NON-SWIMMERS (YEARS 2-6)**

Cowra Public School will again be conducting a special ten day swimming course for NON-SWIMMERS.

Lessons will commence on Monday, 24 November 2014 and will be for 45 minutes on each of the ten consecutive days. The school is open to all NON-SWIMMERS in Years 3-6 and ALL Year 2 students. Year 2 students who can swim well will participate in a more advanced swimming group.

The Department of School Education classifies NON-SWIMMERS as those who are unable to swim **STRONGLY**, using a recognised stroke, unaided in deep water, for a distance of at least 25 metres. Instructors will be provided by the Department of Education.

The cost of the ten day course is $20.00 for students who do not have a season ticket. This is a special rate for schools. Season ticket holders should complete section 4 on the consent form. It is imperative that ALL consent forms are returned by Friday, 1 November 2013 to allow for sufficient instructors to be employed.

Children should apply sunscreen at home ready for lessons.

A permission note will be sent home next week. Please ensure that you indicate on the permission note any disability or allergy your child may have, such as asthma, deafness/ear problems, epilepsy, poor eyesight etc.

The permission note needs to be returned to the school along with the $20.00 admission fee or your child’s season ticket number by Friday, 14 November.

**SRC WESTMEAD HOSPITAL CHRISTMAS APPEAL MUFTI DAY**

On Friday, 14 November, Cowra Public School will be holding a gold coin donation “Mufti Day” for the Westmead Children’s Hospital Christmas Appeal.

Students will be allowed to wear mufti on the day as long as they bring in a gold coin donation. Please make sure your child wears suitable sport clothing due to Friday sport.

Each child who donates will receive a heart sticker the size of a baby in Westmead Children’s Hospital called Nyah.

Students will also be able to send messages to the sick children in hospital.

**ENROL NOW FOR 2015 - Kinder to Year 6**

A school with unique learning opportunities.

Moving beyond the present by educating for the future.

Strong traditions reflecting community values.

For further information contact the school.

Kinder Orientation

Orientation sessions were held during October for students commencing Kindergarten in 2015.

Phone: 6342 2400 or call into the office in Vaux Street.

**PROVIDING EVERY CHILD WITH EVERY OPPORTUNITY, EVERY DAY.**
SPORT

Now at 10.30am—11.10am

Friday sport for primary students will continue on from last term. If your child plays either Netball or goes to the Skate Park they need to pay $3.00 to the school office before school on Friday morning.

P & C

ADVANCED LIFE PHOTOGRAPHY FUND RAISER

The P & C is holding a family portrait photography fundraiser in November.

Date: Sunday, 23 November 2014.

You will need to book a time and pay a $15.00 booking fee to the school before Sunday, 23 November to secure a spot.

You receive 3 items for the $15.00.

- A3 pencil sketch or 10 x 13” family portrait
- Key ring
- Walled sized portrait.

Additional packs are available and if you have any queries or wish to book a time please contact the school.

COWRA HIGH SCHOOL PARENT INFORMATION NIGHT

Date: Tuesday, 4 November
Time: 6.00pm in CHS Library

Parents/carers and students are encouraged to come and meet the teachers and have a tour of the school.

“GET TO KNOW”

COWRA HIGH SCHOOL INFORMATION DAY

Date: Tuesday, 11 November

All prospective Year 7 - 2015 students are welcome 9.00am-3.00pm at Cowra High School. Please wear sports uniform.

Enquiries please phone Ms Robinson at Cowra High School on 6342 1766.

NOW ACCEPTING PAYMENT FOR:-

♦ SCHOOL CONTRIBUTION: $30 per student, with a family maximum of $60. Payment would be appreciated this term.

♦ BAND: $10 per term

♦ STAGE 3 EXCURSION TO CANBERRA:
  Last instalment
  Thursday 20 November $50.00
  Total cost: $272.00

GIRLS’ LEAGUE TAG

Last Thursday, 23 October Cowra Public School Open Girls’ League Tag Team travelled to Grenfell to participate in an NRL League Tag Gala Day. Our first game was against Grenfell Public School White with Cowra Public winning 32-4. All girls played well with Natasha Planicka, Bella Scamnell, Eliza Mulligan and Ella Meeuwisse displaying excellent skills. Our second game was against Grenfell Blue with CPS running out winners 32-8. Best players for this game were Maddi Mulligan, Elia Roberts, Chloe Wulfenden and Crystal Holmes. Our last pool game was against Parkes and the mighty CPS team were victorious again winning 20-0. Jayarna Pattinson-McGrath and Brooke Graham excelled in this game displaying sizzling speed and skill. Cowra Public then advanced to the semi finals and were drawn to play the very experienced and talented team from Young Public School. Young PS had scored a total of 120 points in their first three games and never had a point scored against them. Cowra Public started off the semis a little slow and allowed two early tries. The game then became a hard struggle and the scores stayed at 8-0 at half time. Cowra Public began with a lot more enthusiasm in the second half and it wasn’t long before Jayarna scooted away to score a brilliant try. Unfortunately, Young scored again soon after and the final score had Young Public School defeating Cowra Public 12-4. Cowra Public were the only school that has crossed Young’s line on the day.

All girls tried their very best and played with skill, enthusiasm and passion. A special mention must go to Mrs Diane Graham and Mrs Kim Meeuwisse for assisting with transport. Also, the girls would like to thank our very own Cowra Magpie League Tag player, Miss Stacey Milligate for coaching the team.

MINUTES OF P & C MEETING

- Night Markets - Friday 21 December. The P & C will host a stall similar to last years.
- Christmas Raffle - Painting donated by Dean Murray. Ticket books to be sent home Thursday 6 November.
- Talent Quest - postponed until next year.
- Infants Grass - New turf laid during break.
- Council taking applications for Environmental Grants.
- 2015 FETE. Major fundraiser. Tentative date Friday 27 March.
- Fete Committee Meeting - Thursday, 6 November.
- Next Meeting Thursday, 20 November.
**P & C Christmas Raffle**

With less than two months to go until Christmas, it’s time to start thinking about planning for the big day. The P&C will again be running a Christmas raffle, with some great prizes on offer. This year you could win:

1st Prize – Framed Painting by an Aboriginal Artist
2nd prize – Grocery Hamper
3rd prize – $100 Voucher (Phil’s Blinds & Awnings)

The raffle will be drawn at the major Primary Assembly on Tuesday 9 December, 2014 at 11.30am.

Raffle books of ten (10) tickets ($20.00) will be sent home to families next Thursday 6 November, please sell the books and return the money to the office as soon as possible. All books must be returned to the school by Friday, 5 December (sold or unsold).

If you do not wish your child to receive a raffle ticket book please advise the school office.

There will be a prize awarded to the student in Primary and Infants who sell the most raffle books.

**New Healthy Options at Our Canteen**

This term our canteen has introduced some new products which are fresh, healthy and yummy!

**Canteen Specials for Next Week**

Due to popular demand next Thursday and Friday the canteen will be making FRESH PIZZAS. Try a slice or two of our yummy Hawaiian or Bacon & Cheese Pizza.

- Pizza slice $2.00
- Meal deal (2 slices with bottle of water) $5.00

NO OTHER HOT FOOD AVAILABLE

Also try some of our new delicious healthy snacks every day

- Banana muffins $1.00
- Deadly dipping sticks .50c
- Fruit & Custard cups .50c
- Pizza muffins $1.00

All of these products are made with high quality fresh ingredients. There will be no hot food or salty snacks available for purchase on these days.

Stay tuned to next week’s newsletter for more details.

If you are not a regular of our canteen, why not try some of our new products next week, and support your schools’ P & C Association which raises money for many worthwhile projects in our school.

Try our new and exciting fresh healthy menus.

**FREE Kittens**

Cute, adorable kittens. Desexed, vaccinated, micro chipped and vet checked.

Contact Kerry White at Cowra Public School.
Cowra Swimming Club will be holding a “Go Swim Day”
On Tuesday 4th November at 6pm
at the Cowra Aquatic Centre.
Come along and give Swimming Club a go for free!
Parents can find out more about what swimming club
involves with our Club information session.
Further enquiries call 0428 600 450

Windows Long Lunch: Saturday, 25 October 2014: Transport $25.00
Matilda: Saturday, 12 September 2015, Lyric Theatre, Sydney, $220.00

St Johns Anglican Church Hall Cowra
The Summer Book Fair extends over two weekends
Friday 14th Nov - Saturday 15th Nov
Friday 21st Nov - Saturday 22nd Nov
BARGAINS GALORE
For book donations or offers of help as workers, please contact
Bruce Pletsch Ph 04 2772 2810

Carpenter School of Dance
LESSONS INCLUDE:
Classical Ballet
Tap Dance
Jazz Dance
Highland (Scottish)
Irish
Clogging
Character Dancing

Telephone 6342 2558

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